



HAMILTON ISLAND

GREAT BARRIER REEF AUSTRALIA

HILLY HALF MARATHON



Date Sunday 2 May 2010
Event Half Marathon
Start time 7.30am
Location Hamilton Island, Great Barrier Reef
How to Enter Enter online
Entries Close Online Thursday 29th April 2010 at 5.00pm
Cost \$49.00 per individual participant
 \$123.00 per team (minimum 2 team people/per team)

Course Road, fire trail and walking trail
 A number of ascents and descents
 Map available on website end of January

Minimum Ages Individual Competitors must be a minimum of 18 years old as 31 December 2009
 Team Competitors must be a minimum of 16 years old as at 31 December 2009

Categories **Open**
 No qualification required. First 3 across the line.
 Open place getters are not eligible for age group prize.

Age Group
 Age as at 31 December 2009.

Category	Men	Women
Under 29		
30-39		
40-49		
50+		

Teams – minimum 1 female. 3 x 7km's
 No qualification required

Category	Mixed
Open	

Pre Event Participation You must ensure that you have trained sufficiently and are physically capable of completing the event within your current level of health and fitness. You must also ensure at all times during the event that you are performing well within your level of skill and ability for each of the three disciplines. To not abide by these conditions can create potentially dangerous situation for your self and other competitors

Competitor & Team Registration	<p>Registration for all competitors will take place on Saturday 1 May – 3.00pm – 5.00pm at the Sports Club and Sunday 2 May – 6.30am – 7.15am at the Hesperus located on Front Street, opposite PRD Real Estate. Please bring a printed copy of your receipt. IT IS COMPULSORY FOR ALL ATHLETES TO REGISTER DURING THIS TIME.</p> <p>You must show identification (Drivers License, Passport etc).</p> <p>You will receive your race pack during this time which includes your PRD Hilly Half Marathon race singlet and other sponsor products.</p>
Race Briefing/ Race Start	<p>There will be a pre-race briefing at 7.15am on Sunday 2 May for all competitors directly before the start of the race. The briefing will be held at the Hesperus located on Front Street, opposite PRD Real Estate.</p>
Rules	<p>Any Athlete seen to be taking a shortcut during the event will be disqualified. All teams must have a minimum of one female and one male. Ipod use is allowed but only one earphone is permitted to be worn to allow ease of communication with officials.</p>
Withdrawals	<p>Withdrawals prior to the event must be in writing – email events@hamiltonisland.com.au</p> <p>If you withdraw on race day before race start, please advise an Official. The cancellation fee is 100% should you pull out the day of the race.</p> <p>If you withdraw during the race, please report to the Hesperus and advise the Officials that you have withdrawn. The cancellation fee is 100% should you pull out during the race</p>
Changes to Entry	<p>Changes can be made to your race entry prior to the event day via you event website login</p>
Cancellation Fee	<p>50% of your entry fee up until 5pm on Thursday 29 April. NO REFUND after 5pm Thursday 29 April.</p>
Fantasea Ferry Transfers	<p>A reduced Fantasea ferry transfer rate will be provided for athletes and their families travelling from Shute Harbour (Main land). To take advantage of this special rate please contact Steve Jackson 0408 236 483 no later than one week prior to your journey.</p>

Medical Insurance

It is strongly advised that you take out personal medical insurance for the duration of your stay, especially for international competitors. Under the Australian Health Act, all non-Australians are not covered financially for personal injury. If you do have an accident you must pay for your own medical expenses. Therefore it is essential for you to obtain adequate personal medical insurance.

Results

Race Results will be emailed to all competitors and will also be available on the website.

Prize Money

Cash prizes and products for the following categories:

Open	Men	Women
1 st	\$250 2 nights accommodation at the Reef View hotel for the 2011 event	\$250 2 nights accommodation at the Reef View hotel for the 2011 event
2 nd	\$125	\$125
3 rd	\$75	\$75

Open Age Category	Men	Women
1 st	Sponsor product prizes	Sponsor product prizes
2 nd	Sponsor product prizes	Sponsor product prizes
3 rd	Sponsor product prizes	Sponsor product prizes

Open Team Category	Mixed
1 st	\$150
2 nd	Sponsor product prizes
3 rd	Sponsor product prizes

Accommodation

Need Accommodation on Hamilton Island? Discounted rates are available to you as a participant of this event.

Click on www.hamiltonisland.com.au - select hotel accommodation then enter promotional code - **Run**- along with your dates of stay

Medal Presentations

Presentations for the PRD Hilly Half Marathon will be held at the Hesperus, located on Front Street opposite PRD Real Estate on Sunday 2 May from 1.00pm. BBQ and refreshments available for purchase.